



God Hears Her

Episode 28 - How We Hear From God

Eryn Eddy and Elisa Morgan

Eryn: Great example...there was somebody that was in my life that was very domineering towards me. He felt like he heard from God...

Elisa: Right.

Eryn: ...and I haven't [inaudible] to hear from God.

Elisa: Oh my gosh. That happens...I'm supposed to marry you, you know. I'm supposed to be your business partner.

Eryn: Yeah.

Elisa: I'm, yeah, those kinds of things that when people come and pronounce that this has come from God...

Eryn: Yeah.

Elisa: ...and I've heard it, and you need to agree with it. What did you do with that?

Eryn: I said, well God hasn't told me yet.

Elisa: Good, good, yeah.

Eryn: So I'm gonna pray and journal and talk to Him and w...I'll hear from Him.

Elisa: See, and...and I think any time a person's gonna speak to us, we've gotta do the work to take what they are saying and match it up against the Bible and Scripture.

[musical intro]



Voice: You're listening to *God Hears Her*, a podcast for women where we explore the stunning truth that God hears you. He sees you, and He loves you because you are His. Find out how these realities free you today on *God Hears Her*.

Eryn: Welcome to *God Hears Her*. I'm Eryn Eddy.

Elisa: And I'm Elisa Morgan. Before we enter Season 3 of the *God Hears Her* podcast which will begin on March the 1st, we wanted to reshare a couple of our favorite episodes with you, especially episodes that dealt with some of the difficult questions many of us deal with on a regular basis. One of those questions is, how can we hear from God?

Eryn: So in today's best of episode, we want to revisit the conversation where Elisa and I discussed multiple ways that we can hear from God today. That's next on *God Hears Her*.

Elisa: So the title of this podcast that we do together is called...

Eryn: *God Hears Her*.

Elisa: Yeah. Yeah and it's kind of...it's always thrown me.

Eryn: Hmm.

Elisa: I...I got to be honest, it has thrown me. I'm like *God Hears Her*? Wait, how do we hear God?

Eryn: Yeah. Yeah.

Elisa: I mean, I...I am blown away that He hears me.

Eryn: Yeah.

Elisa: But I think one of the questions that rumbles around right at the top of my life is "How do I hear God?"

Eryn: And we want to hear Him. I think sometimes you want to hear Him more than knowing that He hears us.



Elisa: Yeah, and it's like me me me me me. Like my Furby does. You know, [Laughing] he does that little me me me, thing. You know, actually it's a girl. But...

Eryn: Wait hold on. You have a Furby?

Elisa: Yeah, I have a Furby.

Eryn: Do you really?

Elisa: I do. My grandson made me get one.

Eryn: What kind is it?

Elisa: He doesn't like it when I talk about it, because then everybody knows that my almost 16-year-old grandson has a...

Elisa/Eryn: ...has a Furby.

Elisa: But I'm pretty sure nobody he knows listens to this. So I think we're safe.

Eryn: What color is it?

Elisa: Purple...and it has a little aqua hair, you know.

Eryn: Stop. Do they still sell those?

Elisa: I had to look online for it. Okay, we are digressing.

Eryn: Sorry, I know.

Elisa: I know, I know, okay so. Anyway, so when we come into a place and consider that God hears us, it is all me me me me me. You know, He loves me. He sees me.

Eryn: Yeah.

Elisa: He hears me. We say that every time we record something together and it's powerful and amazing!



Eryn: Yeah.

Elisa: But I gotta sit here for just a second and say, “That’s powerful, but my felt need is also to know how to hear God.”

Eryn: Hmm.

Elisa: How to hear God in my every day. How to hear Him in my life.

Eryn: Yeah.

Elisa: I’m blown away that He hears me, but I want to know how do I have access to His...His Words, His direction...

Eryn: His voice.

Elisa: ...His yeah.

Eryn: His Guidance.

Elisa: All of that. So I’m just gonna put you on the spot for a second. You know, when do you feel like you have heard from God?

Eryn: If I look back on my relationship, I can see Him speaking to me during light times...

Elisa: Mmm.

Eryn: During...but just like easy times of my life.

Elisa: Okay.

Eryn: I can see it.

Elisa: What was that like?



Eryn: Um it was just guiding me in directions for my job, guiding me in directions you know with family stuff...

Elisa: Mm hmm.

Eryn: ...guiding me in directions for, honestly career choices I think.

Elisa: But what does that look like? Guiding me?

Eryn: He's brought people in my life that have spoken over me and like there's something in my gut that I just knew it's divine.

Elisa: Can you give me an example?

Eryn: Hmm.

Elisa: I'll give you a couple.

Eryn: Yeah, give me...give me...yeah let me think about that.

Elisa: I think to myself of a season in my life when I was a young mom and I...I wasn't working. I was staying home with my kids. They were three and five. And my phone rang and on the other end was a board member from an organization called MOPS International—Mothers of Preschoolers—and they were looking for their first president. It was a grassroots movement, but they were looking to formalize it and to hire a staff, and so they were looking for somebody to apply to be the president, and they had, you know, reached out to a lot of places and they wanted to see if I wanted to apply. And I thought (sound effect), you know, me?

Eryn: Yeah.

Elisa: My reality is that I had never been pregnant. My reality is that I didn't think I was that great of a mom. My kids came to me through adoption. But because they called in a given moment when I was actually praying to receive guidance...

Eryn: Hmm.



Elisa: ...back to your statement, I said I would pray about it. And so I doubled up my therapy sessions, truly, and I was reading in Scripture right where I had been and I came to John 15:16 which says, "I've chosen you to bear fruit..."

Eryn: Hmm.

Elisa: ...fruit that will last." And I thought, wow! That is...I could do that through MOPS, you know.

Eryn: Yeah.

Elisa: God might want to use me, and there were several other situations. I went to the grocery store, and there I saw all these other moms and I...I felt all this pressure to be perfect as a mom. And I just felt inside me...I felt...maybe it was God saying, "Elisa, nobody knows how they're doing this. Maybe just bring forward the vulnerability of not knowing." So that was a...and I ended up applying. And I ended up being selected, and I, in my wildest dreams, would never had imagined myself leading...

Eryn: Yeah.

Elisa: ...a mothering organization. And again, if you want to know my story, we've talked about it in another program. But the reality is when I look at that orchestration of the phone call and my need before it, of where I was reading in Scripture, and of going to the grocery store and seeing all the other moms around me, and of also being in counseling. [Laughing]

Eryn: Yeah. Yeah.

Elisa: It was like a perfect storm where I do believe God spoke to me.

Eryn: Yes, that's so good. That's so good. Because I remember one of my business mentors, I meet like once a month with them. And I hadn't in about a year, cause I took a break from working with my company. And we get coffee. And at that point, I'm pretty much at the end of like throwing in the towel. I'm pretty tired and, you know, just drained. Don't think that I'm qualified. I think a lot of us feel like we're not qualified so we...we start to...I started living in that head space...

Elisa: Right.



Eryn: ...for over a year thinking, "I'm just not qualified, like I can't be used for this area. You know, I'm a has been. I'm not relevant or all of those different things."

Elisa: At 32 she's a has-been. She's not relevant.

Eryn: [Laughing] Right? I know.

Elisa: Okay. Excuse me; I think I need to leave now.

Eryn: No, but you know it's like...it's like I had...I had experienced my peak time for my career and then everyone's tired of me now.

Elisa: [Laughing]

Eryn: Right? Like I...and that's a lie.

Elisa: That's...that's what you thought.

Eryn: That's what I thought.

Elisa: Okay, these were what you were listening to, okay, okay.

Eryn: These are the things I thought and I lived in them.

Elisa: Gotcha.

Eryn: You know I think that we can allow lies to just grip us. And in that time, I was being just very honest of like, I think I'm done. I think I'm gonna close the doors. So that meeting was on Wednesday. On Monday I had prayed a prayer. I had just prayed "God, make new wine out of my circumstances."

Elisa: New wine out of your circumstances.

Eryn: New wine.

Elisa: Hmm. Hmm.



Eryn: I was like make new wine. And Wednesday my mentor goes, “Eryn, you can’t put your old ways into something new.

Elisa: Oh, wow! Which is really a...a Scripture, right?

Eryn: That’s it, yeah.

Elisa: Which is “Don’t put new wine...

Eryn: In old wineskins.

Elisa: ...in old wineskins.”

Eryn: And before that it talks about you cannot put a fresh patch on an old garment.

Elisa: Mm hmm. Mm hmm. And, you know, we’re just pulling out a Bible verse and putting it on your situation.

Eryn: Yeah.

Elisa: Is that a good idea?

Eryn: Well, yeah! [Laughing] It helped me.

Elisa: Cause sometimes it works. Sometimes it works.

Eryn: Yeah.

Elisa: And sometimes we hear God that way because people will say a word from the Word of God in such a way that it resonates with the...the truth of that word in Scripture in our hearts. It’s a good idea to go look up what that word is when that happens...

Eryn: Yeah.

Elisa: ...to kind of figure it out and check it out and say what was happening in that situation?



Eryn: Absolutely.

Elisa: But Jesus is talking about a whole new way of life.

Eryn: Yes.

Elisa: That the old way of the law is not gonna work anymore.

Eryn: Yeah.

Elisa: The old way of the lies that you could be perfect enough is not gonna work anymore.

Eryn: Mm hmm.

Elisa: And so we need to move into a new relationship with...

Eryn: Exactly.

Elisa: ...the new wine of His presence in a relationship. That's powerful. What I want to kind of mine in...hold that example, and let's see if we can't maybe offer some examples...

Eryn: Yeah.

Elisa: ...of how we hear from God.

Eryn: Mmm.

Elisa: Me in my call to MOPS; you in this crossroads in your career.

Eryn: Yeah.

Elisa: And we've...probably gonna think of other examples too as we go through this, but I want to think through what are some of the ways that God reveals Himself? What are some of the ways that He makes Himself accessible to us that we can hear Him? And I'm...I'm using air quotes here—hear Him. I mean does God speak in an audible voice to us?



Eryn: Hmm.

Elisa: Some people might say yes. I've never heard God "boom", you know like He did with Moses.

Eryn: So can we hear God audibly? Some people say yes some people say no. Some people interpret, I think, the way they hear God. It would be like this very loud overcoming voice. Others it could be a gentle...a gentleness, like a whisper almost. Like a...

Elisa: A nudge or...

Eryn: A nudge or a...or you might feel like you don't hear Him at all. And maybe He sends ladybugs to remind you things, you know, like I mean...

Elisa: Well, yeah, and you know what? We get all of like self-condemning when other people say, "Well, I heard God say something," and then you're like "Oh my gosh, I'm not spiritual enough to listen to God." You know, that kind of thing. But...but let me suggest some things I think God does say...ways He does make Himself known to, us and the first one is Scripture.

Eryn: Yeah.

Elisa: It is actually the Bible. And we get real mixed up in this. I want to say I think...one of the things that's helped me understand how to read the Bible is to read it with an ear to the author.

Eryn: Mmm.

Elisa: Okay, what hits you when I say that?

Eryn: Read it with the ear of the auth...well, you're removing yourself.

Elisa: Okay. Okay. So what did the author intend...

Eryn: Right.

Elisa: ...for me to know...

Eryn: Exactly.



Elisa: ...when I read the Bible?

Eryn: What are they going through?

Elisa: Yes, and so I say that word *author*, I want to be clear and say we need to think about the Author with a capital A...

Eryn: Mmm.

Elisa: ...and an author with a small a.

Eryn: Yes.

Elisa: Okay? The author with the small a is the human instrument...

Eryn: Mmm.

Elisa: ...that was used to take down the words. You know, Moses, John, Matthew, Paul, you know, David writing the Psalms. Those are the human instruments that God used, and so when we're listening to the Word of God, the Bible, we're gonna listen with an ear to what was happening culturally, what kind of genre of literature each book is, you know, understanding the history of Israel, understanding the history of the New Testament church, understanding, you know, what was happening. That's really important work. But then we also want to listen to the Bible with an ear to the Author who's a capital A, and that's...that's the living Word of God, you know. That is the Spirit of God. That's the Holy Spirit, that's the Trinity, that is how God reveals Himself. So that when I reading Jesus's words about new wineskins, I'm understanding that He's speaking to a culture where wine was made from fermented grapes and put in leathered skins.

Eryn: Mm Hmm.

Elisa: And as the wine fermented, the skins would expand.

Eryn: Yeah.



Elisa: Then I understand and His...and Jesus is making an analogy to the law. So suddenly now I'm understanding the...the way the Bible is written with an ear to an author with a small a and then I ask God, the capital A...

Eryn: Yeah.

Elisa: ...help me understand what this means for me now...

Eryn: Yeah.

Elisa: ...as this person is speaking it to me when I think I'm done...

Eryn: Yeah.

Elisa: ...in my career.

Eryn: Yes.

Elisa: And I've been praying for you to make new wine.

Eryn: Yeah.

Elisa: Help me understand what that means here.

[musical interlude]

Eryn: That's so beautiful. God does speak to us through Scripture, both through the lowercase a authors and the capital A Author. But there are also more ways we can hear from God. And in just a moment, we will talk about how God used other people to speak into our lives along with a caution of how to know when what someone says is from God and maybe when it's not. This is *God Hears Her*, and we will be right back.

[music]

Eryn: Hey, friends. If you're enjoying today's episode, go ahead and hit that "subscribe" button so you never miss a new episode of the *God Hears Her* podcast. When you subscribe, new episodes are



delivered straight to your device or computer. So hit “subscribe” and remember that God sees you, He hears you, He loves you because you are His.

Daniel: Hey, *God Hears Her* fans. This is Daniel Ryan Day, and I’m one of the producers of *God Hears Her*. As we gear up for season three, I wanted to share a review that we received recently in iTunes. “I found this podcast with you girls in one of the darkest seasons a week ago. Listening to this has made me open my eyes and look at several subjects in a different light. Some of these things that I didn’t know. And I love every episode, and I’m looking forward to hearing more from both of you and your guests. Thank you for creating such wholesome content and giving me faith.” If you would like to support this show so we can reach more women with the life-changing message that God Hears Her, you can give today at godhearsher.org/donate. That’s godhearsher.org/donate. And check back on March 1st when we launch season three with guests like Cari Jobe, Sally Lloyd-Jones, Ellie Holcomb and others. Now back to this “best of” episode.

[musical interlude]

Elisa: Welcome back to *God Hears Her*. I’m Elisa Morgan.

Eryn: And I’m Eryn Eddy. And in just a moment, we will offer a few more ways we hear from God. Specifically, we will begin by discussing how God uses other people to speak into our lives and how to make sure what other people are saying is actually from God.

Elisa: Before we jump back into our conversation, don’t forget we’ve collected a list of today’s talking points on how we hear from God and have included them in the show notes. They are available in the podcast description. So if you think you missed anything, click on the podcast description; or check out our website at godhearsher.org. That’s godhearsher.org.

Eryn: We will also have included a link to a free e-booklet titled *God is Not Silent*. In this e-booklet, Bill Crowder discusses how Jesus came so we could hear from God. He also helps us get to know who God is by helping us get to know Jesus. This e-booklet fits well with today’s conversation, and it’s yours for free. Just click on the link in the show notes, or visit godhearsher.org. So let’s jump back into today’s show as Elisa asks us to consider who are the people God uses to speak into our lives and how to make sure what they say is actually from God. This is *God Hears Her*.



Elisa: Let's go to the next thing we were talking about which is people. God does speak to us through people as He did you to you, as He did to me in my phone call, in my days when I've been in therapy, which have been a lot of days I've...

Eryn: Yeah. [Laughing]

Elisa: ...been in therapy.

Eryn: Me too, girl!

Elisa: God...God has used my counselor, you know, from time-to-time to help me look at things that I didn't know what to do with.

Eryn: Yeah.

Elisa: God has used my parents. He's used my family. He's used my husband, you know, to...to help me...not like their voice opens and God's voice pops out, but in a moment when something is something I need to look at and it's a corrective gesture or...or when it's a...a wisdom gesture, God has used people...

Eryn: Yeah.

Elisa: ...in my life. I think Scripture's very clear about there's wisdom in a multitude of counselors and people around us who are wiser than us and learning to listen to them. And you mentioned having a mentor...

Eryn: Yeah.

Elisa: ...who...who served that role for you?

Eryn: Yes, absolutely. And I think, you know, defining like the qualities of a mentor, right? Because you have to be careful for the people that speak into you. Who are they in the...in their community? Who are they consistently? Do you...like I like to study patterns in people, and so, you know, are they consistent in their home life and in their work life and then I trust them and what they say. And I take it with a grain of salt, but I absolutely think that God has brought mentors in my life that I've vetted...



Elisa: Mm Hmm.

Eryn: ...and then I've been able to just listen to them and trust in knowing that like there are moments where I'm like "God, this is what they're saying. But what do You think about this?"

Elisa: That...see and I...I think anytime a person's going to speak to us, we've got to do the work...

Eryn: Yeah.

Elisa: ...to take what they are saying and match it up against the Bible and Scripture.

Eryn: Absolutely.

Elisa: Because if something doesn't match that...

Eryn: Yeah.

Elisa: ...then it's probably false or wrong or not right for us...

Eryn: Yes.

Elisa: ...in this given moment.

Eryn: Great example, there was somebody that was in my life that was very domineering...

Elisa: Mm Hmm.

Eryn: ...towards me. He felt like he heard from God...

Elisa: Right.

Eryn: ...and I haven't been hearing from God.

Elisa: Oh my gosh! That happens...I'm supposed to marry you. You know, I'm supposed to be your business partner.



Eryn: Yeah.

Elisa: Yeah...those kinds of things. When people come and pronounce that this has come from God...

Eryn: Yeah.

Elisa: ...and I've heard it and you need to agree with it, it's really a power game...

Eryn: Yeah.

Elisa: ...isn't it?

Eryn: Yeah. It is an absolute power game.

Elisa: So we need to call it for what it is...

Eryn: Yes,

Elisa: ...and again take it and lay it alongside what we know of God from how He's revealed Himself in His Word.

Eryn: Yeah.

Elisa: What did you do with that?

Eryn: I said, well, God hasn't told me yet.

Elisa: Good, good.

Eryn: So...

Elisa: Yeah.

Eryn: I'm gonna pray and journal and talk to Him. And we'll...I'll hear from Him.

Elisa: You know, and it doesn't mean always that somebody's trying to control you though.



Eryn: Right, no. It doesn't. Sometimes I do believe that God can give people words to speak into us.

Elisa: And I've seen that happen in...in a conversation (laugh). I didn't mean to say something to another person, but, you know, suddenly I'll go, "You know what? It just seems like you're really wanting to make a change in your life." And they're like (makes noise) "Oh my gosh! I've been praying about that!" You know, and I'm like whoa, I didn't even know that was so...it can be a legitimate offering.

Eryn: Yes. And I think it's deciphering between if it's fear driven...

Elisa: Mmm.

Eryn: ...or love driven.

Elisa: On their part or your part?

Eryn: Their part.

Elisa: Okay.

Eryn: With their words. If they're projecting fear on you...

Elisa: That's good.

Eryn: ...right? Then you know that God doesn't communicate through that way.

Elisa: Yeah, okay. Another way God speaks to us is through the Holy Spirit. Now that's really personal, I think.

Eryn: Yeah.

Elisa: I just want to encourage us all to spend some time in the book of John, chapters 13 all the way through 17, and underline or highlight every time you see the word "Holy Spirit" or "advocate" or "counselor." Because we find out so many things about Him through Jesus' prayer in the upper room for His disciples right before He goes to the cross. I think one of the most intriguing verses is in John chapter



14, verses 25 and 26. “All this I’ve spoken while still with you. But the Advocate, the Holy Spirit, whom the Father will send in My name will teach you all things and will remind you of everything I’ve said to you.”

Okay, so Jesus is talking to His first-century disciples. And again, go through and highlight and look at all the other things. He talks about the role of the Holy Spirit to convict us and teach us and train us and etcetera. He talks about the Holy Spirit being a paraclete, which means He comes alongside and is with us. When we look at that, it shouldn’t surprise us then that these supernatural moments where sudden we find help in a spot where we thought we were helpless.

Eryn: Yeah.

Elisa: Have you seen that ever in your life?

Eryn: Oh my gosh.

Elisa: God show up and provide something for you, and you go, this has to be the Holy Spirit helping me?

Eryn: Yes, oh, and I know when it’s Him. Like I cry un...unexpectedly.

Elisa: Okay, okay.

Eryn: But not everybody experiences that.

Elisa: Right, right.

Eryn: But for me it’s...

Elisa: So it’s an emotional thing for you. I can remember specific instances. I was sitting in church praying over my son who was in those days pretty wayward. And I actually struggled with, I didn’t know where he was. He had gone off on his own, and I didn’t know where he had gone. And I was so worried about him. I looked down in church. I was sitting on a pew, and next to me was a little toddler whose legs were sticking straight out, you know how they do?

Eryn: Yeah.

Elisa: They’re too short to hang over the edge, just sticking straight out. And his little feet were sitting up. And it made me think of my son when he was a toddler. And my heart grew heavy, and I wondered where



he was. And in that moment, okay I think this was the Holy Spirit reminding me. I didn't hear a voice. But I...I had this thought of Elisa, do you remember the story of when Nathaniel was standing under the tree, I think this is in John, the first part of the book of John. And Jesus remarked about how He saw him standing under the tree. And it was so weird, because it...the Bible doesn't go "and Jesus saw him under the tree." Jesus just said, "I saw you under the tree."

Eryn: Yeah.

Elisa: And I thought, yeah, I remember that story. And then I...I just felt like God was nudging me through the Holy Spirit to go "I know where your son is. If I could see, Nathaniel, I can see just like you see this little toddler's shoes. I can see your son in his shoes. I saw him when he was two years old like that toddler, and I see him today like the grown man that he is far away from you." And it was a great comfort. And that, I could have made it up, sure. But I had a sense that it was God through his Holy Spirit reminding me of what was true in my world.

Eryn: That's beautiful, Elisa.

Elisa: So we see God in Scripture. We hear from God through the Holy Spirit. We hear from God through people. There's other ways.

Eryn: Yeah.

Elisa: Can you think of other ways?

Eryn: One thing that I said I have something that I do in the mornings. And I put my phone away, and I want to just have a conversation with God and talk to Him about things I'm thinking about. I want to hear from Him. I want to know what He wants for my life, what He wants to use me for. And so there's a few things that I do that I ask. Number one, I sit there and I check in with what I'm feeling. What am I feeling right now today? Am I being resistant to wanting to talk to Him, to hear from Him? I recap yesterday.

Elisa: Good.

Eryn: That's number two. I recap, okay what happened yesterday, all the ins and outs, the goods, the bads, what happened. Number three, I talk to God what's on my heart and my mind right now and just general, not yesterday, not just today but in general for future.



Elisa: Okay.

Eryn: From the past just all just talk to Him. And then four, I confess, and I say this is...these are things that like I'm not proud of, I feel icky about that I've done or that I've thought. And I just...just share it. And then five, I invite Him in. And I say, "God, what do You want to tell me, speak to me?"

Elisa: That's awesome.

Eryn: I want to invite You in, and I want to learn to hear Your voice. And then I do that every day. And then number six is I'll open up Scripture and whatever I'm studying that pertains to that season of life. And those things, those six things have helped me to start to hear and to talk, like practice that listening and hearing and speaking.

Elisa: It's a conversation.

Eryn: Yes.

Elisa: And it isn't going to be the audible.

Eryn: Right.

Elisa: But the things that come to mind as we're listening, we need to take seriously. And again, compare them with what we know is true. But hold them.

Eryn: Yeah.

Elisa: One way to keep track of that through your six steps is to journal.

Eryn: Yeah.

Elisa: Because you really can write out each of these things. Here's what I'm feeling checking in on here's what I need to say. Here's what I need to confess. Here's what...what do You want to say to me? And that's a way to keep track day to day to day to day. And that makes a lot of sense for some people.

Eryn: Yeah.



Elisa: Some people struggle with that, but there are other ways to have a conversation with God. You can do it through art.

Eryn: Yes.

Elisa: You can do it through nature. You can do it through conversation or a Bible study. There's lots of ways to do it. My husband has a practice that's kind of interesting too. He, in the last few years, has picked a word. It's taken him sometimes six weeks to three months to know what word is the right word.

Eryn: Yeah.

Elisa: But he came to the word "watch." He felt that was the word that, from reading different Scriptures and from sitting with God in prayer, that God wanted him to focus on. And I'm not kidding. The entire year of that word "watch" God opened doors for my husband, for Evan, in ministry, in relationships, in his career. He took him into new places into people he'd never even met before. It caused him to change his residence where we live. Just things just...by watching. So think there is a way in which we can be very intentional to...to...to join God in what He wants to do in our lives by even picking a word. Okay s...some other ways. Has God every like used music in your life? Yeah, I think so. You're a little singer.

Eryn: Yes. I do connect with God through music, through worship. I mean I turn my lights off and I'll put music on and I'll just...I'll just get on my knees and I'll just open my hands and I'll just let these words pour over me. "And I know that I'm truly just worshiping and hearing from Him when I...my voice sounds terrible. [Laughing] And I used to sing for a living! [Laughing]"

Elisa: My favorite thing is to put in my earbuds and sing, sing, sing. I do it on my back deck, you know, like at sunset, and I feel really sad for my neighbors, but [Laughing] yeah

Eryn: That's awesome.

Elisa: It...it is a beautiful way and so the lyrics that I know have been prayerfully constructed, and even of...of hymns, of old hymns and, Fanny Crosby or, you know, others. These songs have been gifted to us and God uses them, I agree. Okay, s...some other ways.

Eryn: There have been some books that I've read that I feel like I picked up, and I started reading and then recognizing that oh my gosh, this is the exact book that I needed to read in this season of life.



Elisa: Oh, that's a great thing to say to authors.

Eryn: Right?

Elisa: Absolutely, and C.S. Lewis, or you know who ever, a specific quote. You know a book that. You know sometimes you pick up a book, and you start reading it. You don't know where you got it, but you find yourself underlining like every single sentence on that page.

Eryn: Art.

Elisa: Art. I did art.

Eryn: Authors. Quotes.

Elisa: Oh, authors.

Eryn: Authors.

Elisa: Just bring it up.

Eryn: There have been some books that I've read that I feel like I picked up and I started reading and then recognizing that, oh my gosh, this is the exact book that I needed to read in this season of life.

Elisa: Oh, that's a great thing to say to authors. [Laughing] Absolutely! And, you know, I'll just be humble enough to say, same thing! Same thing. I mean, with C. S. Lewis or, you know, whoever...a specific quote, you know, a book that, you know sometimes you pick up a book and you start reading it and you don't even know where you got it...

Eryn: Yeah.

Elisa: ...but you find yourself underlining like every single sentence on the page.

Eryn: Yes.

Elisa: And it's like it was given to you in a God-given moment.



Eryn: That's so true. Well I remember there was a Bible study that I attended, and one of the women there came up to me and she goes, "I brought the book that you wanted."

Elisa: Wow!

Eryn: And I said, "What...what book?" Like I didn't ask for a book.

Elisa: Oh my gosh!

Eryn: She goes yeah, "Remember that book you said you wanted?"

Elisa: (Gasp!)

Eryn: And the book was about discerning the voice of God.

Elisa: That's crazy.

Eryn: And she gives me this book, and I'm like, "I don't even know who this author is." Like I did not ask for this.

Elisa: Ask this...Not out loud, you didn't.

Eryn: Not out loud I didn't. But I read it, and it changed my life.

Elisa: And we have talked about God can speak through the Bible. He can speak through people. He can speak through circumstances. He can speak through the Holy Spirit. He can speak as we journal, as we select a word and lean into His wisdom. I think if we're listening, we can hear God pretty much anywhere. But why doesn't He speak more? And why do our hearts grow so heavy with the echoes of His silence? What do we do when we have tried all those things, and we don't hear God speak?

Eryn: I feel like it's in the silence. And silence to me feels like stillness, because I can make a whole lot of noise and experience His...I feel like sometimes we're on a hamster wheel, and we're just like...we're running around just trying to hear Him, trying to hear Him, trying to hear Him. And I think sometimes it's like stop the hamster wheel okay and just like...

Elisa: Yes.



Eryn: ...be still, child. Because I think it's in our stillness is when we actually do hear Him. We're being refined. We're learning to just pause and to just stay instead of forcing it.

Elisa: There's examples of that in Scripture, you know. In all of Job's suffering, you know, it was in the silence of God that he began to know him. And you know so sometimes our white noise of our life and our anxiety and our desperation is the very thing that deafens us to God. And sometimes I think you turn to the other side, and you realize how do I hear God? Sometimes it's in the silence of just sitting and knowing that He hears me.

[music]

Elisa: Thanks so much for revisiting this episode with us today. Make a note to check back with us on March the 1st for a brand new episode of *God Hears Her*. But for now, don't forget. God hears you. He sees you. He loves you, because you are His.

[music]

Eryn: It takes a team to create a podcast. And today we want to thank Diana, Mary, and Bill for all your help in creating and sharing the *God Hears Her* podcast. You guys are awesome.

[music]

Elisa: *God Hears Her* is a production of Our Daily Bread Ministries.