



God Hears Her Podcast Transcript

When I Don't Fit In

Season One | Episode Nine

- Elisa Morgan: Welcome to God hears her. I'm Elisa Morgan.
- Eryn Eddy: And I'm Eryn Eddy and I'm really excited about today's program because our guest is a wonderful woman with a wonderful and unique story.
- Elisa Morgan: Yeah, she really is Eryn, her name is Vivian Mabuni. She's Asian-American, which is an important part of her story and she's going to talk about that a lot in just a moment. It's also important because although she's an author of many successful books like her most recent one entitled *Open Hands and Willing Heart*, she's also a podcaster who wanted to carve out a space for Asian-American women to explore and validate living at the intersection of East and West.
- Eryn Eddy: And that's a big part of where today's conversation will go and we will get there in just a moment. But first, just a reminder, if you miss anything in today's show or want a reference point for this conversation, check out the show notes, which are found in the podcast description or on our website at godhearsher.org. They include today's talking points as well as links to resources mentioned on the show, and he will also have a link to a free resource from our Daily Bread Ministries, which we will tell you more about that toward the end of the episode. Again, the show notes can be found in the podcast description or on our website. Godhearsher.org.
- Elisa Morgan: Okay, Erin, let's get this thing started. Here's our conversation with Vivian Mabuni here on God Hears her.
- Elisa Morgan: Vivian. I just want to be upfront and very personal here and go you have a unique cultural heritage. I can tell by looking at you and people who are just listening to our voices, they may not know yet.
- Vivian Mabuni: Yes. Right, they might actually see my name and see Vivian Mabuni and think I'm possibly African.
- Elisa Morgan: African.
- Vivian Mabuni: Or stuff like that. I'm actually Asian-American, my cultural heritage. My parents were born in China, so I'm Chinese. I grew up speaking Mandarin. My grandma lived with us, so I retained probably a first grade level, so I can't understand a newscast in Chinese, but I can probably understand a soap opera. So, that's part of my heritage. But I was born in Wisconsin.



Eryn Eddy: Okay.

Vivian Mabuni: I grew up in Boulder, so that's why I have no accent. And I.

Elisa Morgan: Wisconsin. Boulder, Colorado. Wow.

Vivian Mabuni: And now I'm in Southern California. So, like most Asian-Americans, we are a blend of Eastern and Western.

Vivian Mabuni: So when I go to China or Hong Kong or Taiwan, I don't fit in and I don't feel like I fit in here in the US even though I was born and raised here because I look different and people think I'm somehow from somewhere else. If they ask, "Where are you from?" And I say, "Well, I grew up in Colorado." Then the question is, "Where are you really from?" And it's like, "No, I really did grow up in Col- I was born in Wisconsin." So that can actually be a microaggression, for an Asian-American to be asked where you really from. Probably-

Elisa Morgan: It could be a what?

Vivian Mabuni: A microaggression.

Elisa Morgan: What does that mean?

Vivian Mabuni: It's an othering. You're actually asking me my ethnic heritage, but I'm answering honestly, I am really from Colorado because if I asked you where you from Elisa, you'd say, "I'm from Colorado."

Elisa Morgan: That's right.

Vivian Mabuni: And I'm saying I'm from Colorado, but you're not believing that I'm from Colorado.

Elisa Morgan: I see. Microaggressions.

Vivian Mabuni: You're believing that I'm from some other country. Yes.

Elisa Morgan: Otherings. So it separates us.

Vivian Mabuni: Yes. So, I have a US passport. I've never lived anywhere else. I am an American citizen by birthright and everything else, but I'm still seen as other. So there's that sense. So for your listeners that might be familiar with third culture kids, that's either ex-pats or missionaries that have been raised in another country, they don't ever feel like they fit in that other place and they kind of feel a bit lost. That's how Asian-Americans typically feel as well because it's not like I could go to Taiwan and feel like I fit in. My values are that of the US.



- Eryn Eddy: Wow. So how did that shape you seeing yourself, internally?
- Vivian Mabuni: Yeah, it's a great question because I've been on a journey really, and some of it has been learning to actually embrace and celebrate my ethnic heritage because most of my life I spent trying to fit in.
- Elisa Morgan: And almost ignoring your heritage?
- Vivian Mabuni: Yes. And just kind of pushing that down. It was living in two worlds. So outside my home, I was a cheerleader, I was a junior class president. I did all the things I knew to be all American, but I also knew that I would never date the captain of the football team because of how I looked. So there was certain things that I could not achieve because of how I looked. So there's that wanting to fit in and never really fitting in. And that drove so much of my life.
- Vivian Mabuni: And then kind of turning a corner when I started to realize, you know what? It was not an accident that God made me as I am. And there's a lot to celebrate and bringing together my Eastern and Western values is unique and it's needed. And part of the conversation that needs to be happening. There's such a lack of representation in the media, in every facet and arena.
- Elisa Morgan: So this has now become a passion for you to directly address the cultural divisions/barriers that we experience.
- Vivian Mabuni: Yeah, more so. In fact, I just started a podcast for Asian-American women called Someday Is Now, and I'm interviewing Asian-American women on leadership and cultural journey, our ethnic journey, and what I'm excited about is that it really is for Asian-American women, but non-Asians can listen and learn about Asian heritage and culture, so the stories that we share that were painful maybe to a non-Asian and be like, "Oh, I didn't understand the where are you from? How is that in any way hurtful?"
- Eryn Eddy: Right.
- Vivian Mabuni: It's a conversation that I'm having with my other Asian-American friends and it's like, "Oh, now I can understand."
- Elisa Morgan: Can you back up to that? Just because I've been in that pickle a zillion times with an Asian person, with an African-American person, with an international person. I can recognize the accent that I'm hearing.
- Vivian Mabuni: Sure.
- Elisa Morgan: What I really want to know is tell me your story. What I want to know is how did you come to live here and I don't want to be insulting. Is there another way I can ask that question?



- Eryn Eddy: That's a good question.
- Vivian Mabuni: That's a great question. I think share with me your ethnic heritage.
- Elisa Morgan: That sounds so mouthy.
- Vivian Mabuni: Yes. But-
- Elisa Morgan: Share with me your ethnic heritage.
- Vivian Mabuni: And I would say to my white friends, learn your ethnic heritage as well. Because I have a one girlfriend who's Dutch-American and she has so much about her life and upbringing that is very Dutch, Dutch-American.
- Vivian Mabuni: And I have a Portuguese-American friend and there are certain recipes and ways that they celebrate. There's just something to be celebrated. So even if you're a mix of Scottish and English. Learn your own heritage because that's part of-
- Elisa Morgan: So they can bring it forward.
- Vivian Mabuni: Yes. Because American is not white and we tend to start to think that that is the normal and that's not necessarily normal. It's its own experience. And so the more that my white sisters can learn their heritage, I think that that's such a great value to be able to understand and celebrate who we are and the different aspects that, "My German heritage actually helps me to be very timely." That's part of the excellence that I do is a very German thing or the, "My expressiveness is very Italian in its nature," and we were all immigrants except for native Americans.
- Vivian Mabuni: And so the Polish that immigrated here, they were decidedly Polish. And the Irish that moved here stayed in Irish communities for a long time. There's a strong relation. And so when you have mung that moved from Vietnam or whatever, there's a strong rooting that takes when we know who we are and where we're from in that sense.
- Eryn Eddy: And that's beautiful. And you learn that at such a young age. I kind of want to go back when you said when you were in high school, you always knew that you weren't going to date the popular football quarterback. That's a powerful shaping at that age.
- Vivian Mabuni: Yeah. Yeah.
- Eryn Eddy: And then you said being white isn't American. So I want to talk more about that because that does shape you for when you move forward in life, how you see yourself, what choices you make, what relationships you say yes to, what relationships you say no to.



- Eryn Eddy: And thinking that there is a limitation on you by the way you look. How did you break free?
- Vivian Mabuni: And so I would say that there still are some limitations because of how we tend to approach normal. So when I, growing up, going down the Barbie aisle at Target, there were no Barbies that looked like me. And so that's just saying something. And I turn on the TV and up until Fresh Off the Boat or whatever, there were no characters that looked like me or families that operated like me. So every time that there's a portrayal on media, it's like perception is reality. So all of a sudden people decide that I'm really good at math and that I know Kung Fu or I'm really nerdy or I don't know anything about... There are assumptions made because of how I look.
- Vivian Mabuni: And negative because of the portrayal on media. And I think that that changes when you have a movie like Crazy Rich Asians, where you have really good looking leads who are doing a normal story where they're falling in love just like all the other movies and no one did Kung Fu. But they ate with chopsticks and there's just a seamlessness. The cinematography was great, the costumes were great, but it was decidedly Asian and Asian-American in some regards. So does that answer your question?
- Eryn Eddy: Yeah, it does.
- Elisa Morgan: And maybe this is super sensitive and I want to be honest with it. I think Eryn, some of what we're experiencing here is what we need to name and it's white privilege. What is it, Vivian? Do you have a good definition for it?
- Vivian Mabuni: I think it's centering the white experience as what is normal and correct. It's almost like my daughter. Here we are in California, right? It's 2019 and she's in high school and her little blonde friend goes, they're talking about something ethnic and she goes, "Well, you're not American, you're Asian. I'm American." Here, my daughter was also born probably in the same hospital that she was born in, in the same year.
- Elisa Morgan: Two American citizens.
- Vivian Mabuni: Two American citizens. But there's this sense that my daughter is not American because she's not white. Does that make sense?
- Elisa Morgan: It does and I'm not sure I'm learning as so many of us are. One way I understand it, it's almost like blinders. It's almost like you put on colored contacts and we haven't talked about it enough. We haven't brought it forward enough. Well, I think especially in Christian circles, it's newer language to us, it's not new in many circles, but to just identify it, to put it on the table and say, this is something that we need to take responsibility for.



Elisa Morgan: When we look through a certain lens, we're going to see skewedly and I just want to say our bad. That's hard. And I own that.

Vivian Mabuni: Well, I appreciate you saying that because as a woman of color, I think what God intends is for us all to live in unity, but unity is not uniformity. And I think that the more we can actually, I think have the conversations, there's really healing that takes place because of relationship. So when you come to my house, you take your shoes off before you enter the house. That's just what we do.

Elisa Morgan: When you come to my house, two dogs attack you. It's just what we do. I apologize profusely for the slobber. But to respect your customers.

Vivian Mabuni: Yeah, And just to expand. I think expansion. Because I have so much to learn, I understand some Asian but there are so many different types of Asian as well. And each have its own uniquenesses and my son is dating a Latino and she's beautiful and I want to understand more of her culture as well. But she's grown up half in Mexico, half in LA and her story is beautiful and I have a lot to learn too. So I think it's that if we can start to have honest conversations, talk about white privilege, understand that there are historically some really horrible things that have happened to ethnic minorities and to learn our history. So in my podcast, I even have a Did You Know, which starts to go through, like did you know that there were Chinese that fought in the civil war?

Vivian Mabuni: I don't think any history book shows that, but there were Chinese that fought in the civil war, so we need to be about learning more to be able to dismantle some of that. The thing that I find most fascinating, the book I've probably recommended more than any others, Just Mercy by Bryan Stevenson, he's a Harvard law graduate, brilliant African-American young man. He said that the reason why Germany and Rwanda and other places where there are horrible things that have happened-

Elisa Morgan: Genocide.

Vivian Mabuni: Genocide, Holocaust, those kinds of things, the healing takes place because you cannot go anywhere in Rwanda. I've been to Rwanda twice. You can't go anywhere in Germany without there being memorials to say this is what happened, so that it will never happen again. As a visitor to Rwanda, you have to go to the genocide museum to see what happened so that it will never happen again. We have not done that in the United States. We still are in denial.

Elisa Morgan: We cover it all up.

Vivian Mabuni: We just don't look at-

Elisa Morgan: We white wash it.



- Vivian Mabuni: Yes, and so that's where we need to learn our history and we need to understand that pulling yourself up by your bootstraps in those situations, if that was your starting point, you'd be in the same place if not further back. You know what I mean? My African-American brothers and sisters have such histories of resilience and strength that have come out of injustice and that's true with Latino, Asian. There's just story after story.
- Elisa Morgan: And it's not something new to modern culture. The Bible is filled with horrific stories of injustice and people who were ignored and invisible and abused and just incredibly mistreated.
- Eryn Eddy: I'm so glad that you mentioned the biblical story there.
- Elisa Morgan: Well, it's true. There's so much injustice in the Bible and one of the major themes of scripture is how God sees and hears and cares for those who are victims of injustice.
- Eryn Eddy: Yes, that's so true. And our conversation with Vivian Mabuni is not even close to being over.
- Elisa Morgan: No, it's not. And when we come back, we'll be talking about several really current topics. Vivian will begin by referencing how women have been historically treated differently and how God meets us and guides us in those moments. And we will also explore her story of surviving breast cancer, which will lead to some very practical ideas for how we can be a friend to someone who's going through a tough time or suffering in another way that's coming up right here on God Hears Her.
- Eryn Eddy: Hey guys, if you're enjoying the show today, would you please take a minute and write a quick review and rate us on iTunes and really on whatever podcast platform you listen to? Reviews and ratings help us reach more people because iTunes and other podcast platforms push highly rated shows in front of more people. So if you could take a minute, write a quick review and rate us. That would be so helpful in reaching more women with the message that God hears her.
- Eryn Eddy: Welcome back to God hears her. I'm Eryn Eddy.
- Elisa Morgan: And I'm Elisa Morgan and it just a moment we're going to hit play on the second part of our interview with Vivian Mabuni. We're taking a little bit of a turn in this next part. First we're going to talk about how women have often been treated differently simply because they're women, but we'll also get to hear some of Vivian's amazing story of surviving breast cancer and specifically discuss how we can be a friend to those who are going through tough times or suffering in some way.



- Eryn Eddy: The next part of our conversation is super practical and I hope that you'll stick with us as Vivian offers some tangible ways to be a friend to those who are going through things that we can't understand. But before we jump back into our conversation, we want to let you know that if you miss anything in today's show, check out today's talking points included in the show notes.
- Eryn Eddy: The show notes also include a link to order God Sees Her devotional as well as a link to a free resource. It's a two week discussion with Vivian Mabuni about her book, Open Hands Willing Heart, where she helps us discover the joy of saying yes to God. The discussion was hosted by Discover the Word, a daily radio show from our Daily Bread Ministries, and again, that link is in the show notes. The show notes can be found in the podcast description or visit GodhearsHer.org for all this and more. That's God hears her dot O-R-G.
- Elisa Morgan: So let's get back to our interview with Vivian Mabuni as she picks up our conversation on injustice with a comment about how women specifically might be in a position to see racial injustice more easily because in some ways women have been treated differently. You're listening to God Hears Her.
- Vivian Mabuni: And I could say too, I think women get it a little bit sooner sometimes because we have been the only woman in the boardroom or the only woman sitting in whatever meeting or have experienced in our own way inequality because of not getting paid for the same work.
- Eryn Eddy: Absolutely.
- Vivian Mabuni: So I think that there's an identifier immediately when you talk about, okay, that's not right. That's not fair. It ought not be like, "Why am I not getting promoted? Because I'm a woman?" This has nothing to do with skill set, experience. I think women can get it a little bit sooner sometimes. In my experience.
- Eryn Eddy: Yeah, that's good. I remember one time when I first started my business, I got invited to this entrepreneurial event that they do once a month that's in this fancy high rise. And it had been going on for about seven years.
- Eryn Eddy: And the reason I got invited was because they finally decided to start inviting women. And there was a part of me that wanted to be like, "I'm not going." Kind of like, "Oh, good job." Kind of like an attitude. And then the other party was like, "I'm going to show up and show-"
- Elisa Morgan: I'm not only going, I'm going good.
- Eryn Eddy: "And I'm going to wear an awesome outfit. You invited us, I'm coming." And I could have taken the negative route of anger and mad at Southern businessman. Because I live in the South. And I decided I'm going to show up



and I'm not going to allow any what would be injustice of impact, my integrity and my character and wanting to lean into an uncomfortable situation.

Elisa Morgan: I think what you're reflecting, Eryn, is a "Wow," it's like a "Yes to God," kind of a thing. We could get all kind of hissy because we've been so late to be invited to the party. Or we could say, "I'm invited to the party and thank you for finally recognizing that because by the way, God invited me a long time ago."

Eryn Eddy: Exactly.

Elisa Morgan: You just recognized that. I remember 40 years ago being one of six women enrolled in a Masters of Divinity Program in Seminary and I struggled with a lot, being the first, a lot of those things. And every time I'd go through it and how do I look and all that junk. But bottom line, what God would say to me is "Elisa, the door's open. Go through it and stick your foot in the door for the next woman who's coming behind you." And that's what I've done. And you don't have to be some crazy liberal, blah blah blah. Set your bra on fire to do the stuff, but you can be obedient to where you're invited because God's already invited you there.

Eryn Eddy: That's right.

Vivian Mabuni: That's so good.

Eryn Eddy: It's allowing those circumstances to not define you because you already know how you're defined.

Elisa Morgan: Yes. Saying yes and going through.

Vivian Mabuni: And I would say as white women in this day and age, to all the listeners of the podcast-

Elisa Morgan: Who are white.

Vivian Mabuni: Who are white, who happen to be white and beyond.

Elisa Morgan: There you go.

Vivian Mabuni: But if you are an event planner, then be intentional about making space and open up the platform to include women of color and have that be normal and not just have women of color come to speak on racial reconciliation because we are more than that. In other words, I'm a cancer survivor and that's part of my story, but it does not define the whole of me and I can come and share about my cancer story, but I have actually other things to offer as well.

Vivian Mabuni: And so there's definitely a sense of, there's a power dynamic too that you can throw onto a poster all these diverse faces, but if the leadership is not diverse,



where the decision making is taking place, who has the say on money and allocation, those kinds of decisions that they are not being spoken into by people of color, then you're just going to continue to perpetuate. So diversity is more than just having an ethnic worship band at a church. You know what I'm saying?

Eryn Eddy: Absolutely.

Vivian Mabuni: So I think in that sense that the same idea with you leveraging, you're keeping your foot in the door for the next women coming into Seminary. I think in the same way with people of color, with women of color, you're being intentional and say, "You know what, we're incomplete."

Elisa Morgan: That's a great way to say it. And there's also the issue of ages, and different generations being represented of different lifestyles in terms of socioeconomic. We could kind of go on and on here. Instead of segregating our offerings into little cliques, which is so difficult, Can we be more intentional about being inclusive and hearing from all of us women who represent the body of Christ and the ones who Jesus died for as well?

Eryn Eddy: Absolutely.

Vivian Mabuni: Absolutely.

Elisa Morgan: You talked about you're a cancer survivor and how does illness keep you from being valued or seen or noticed or...?

Vivian Mabuni: My first pass would be, I think it's probably, the plus side of it has been places to connect with people automatically. It's interesting because with a cancer diagnosis it's one of those joining a sorority that you never pledged kind of things. So there's just an understanding of life, going through chemo and all of those things that is sobering and challenging.

Vivian Mabuni: But the instant that I meet someone, there's just an instant connection. It's given me access into a world that I didn't ever know about before. And so it's provided a place of greater sensitivity to others. And a knowing that I didn't know before because I think I took a lot for granted. I'm healthy, I take Advil when I have a headache and that's about it. I had no idea. So now when I meet someone who's going through Lyme disease or chronic pain or kidney failure, whatever it is, it's not cancer. But I can relate to doctor's appointments and blood work getting done and on and on. So there's a relating that takes place because of it.

Eryn Eddy: Do you feel like there's also... You become known for that illness so people don't... They'll ask you constantly how you're doing, pertaining to your illness, instead of how you're doing apart from it. That it becomes almost an identity and you want to be seen past your illness, right?



- Vivian Mabuni: Yes, definitely. I think that it's learning to try to understand that the person asking really genuinely cares and not getting like "Ugh, here we go again," [crosstalk 00:25:38].
- Elisa Morgan: Because it is tiring.
- Vivian Mabuni: It is tiring.
- Elisa Morgan: And boring.
- Vivian Mabuni: Yeah. Because it was so hard, there's just the desire to move on and not be the poster child for breast cancer and every October, here's the reminder again and all the pink ribbons.
- Eryn Eddy: And all the pain you went through.
- Vivian Mabuni: Yes. So there's a little bit of that of just really wanting to be able to move ahead and at the same time and literally simultaneously there is the wanting to be able to encourage someone who's in that season right now too.
- Vivian Mabuni: So it's a little bit of my own healing where if you could picture a sponge, it can only hold so much water. There's only so much emotional capacity that it can hold. And as the farther out I get from the actual diagnosis and treatment, I think that it squeezes out some of the water to take in some more. But I was at maximum for quite a while and I just could not take in any more pain. Any more, "I have a friend who has this, can you email them?" And I'm like, "I don't have that." But I'm the closest they know to someone who's gone through something similar. So there's a time factor as well and my own healing process that squeezes out some of that water to then hopefully expand more to help take in a little bit more.
- Eryn Eddy: That's powerful. I love that analogy. When I went through my divorce, I was that friend where people, they didn't know how to connect with their friend going through it, but they [crosstalk 00:27:10] connect me with them and at some point I had to develop that healthy boundary because it was causing me to not heal because I kept reopening wounds by living in someone else's story.
- Vivian Mabuni: That totally makes sense. Yes.
- Elisa Morgan: So it's a bit of a principle for all of us who have friends who are suffering. How would you principalize that Vivian, what would you say? What helps? What maybe do we avoid, perhaps? Check out the sponge, check out how full that sponge is before we add more, but any other principles?
- Vivian Mabuni: Well, I would say that unsolicited advice? Just don't.



- Elisa Morgan: I have a friend who said that unsolicited advice is always interpreted as criticism isn't that fascinating? Because when you don't ask for it, you receive it as somebody's correcting you. So just wait to be asked or don't say a thing.
- Vivian Mabuni: So I would say to be a good friend, just don't offer advice. The present of presence is really, it just goes so much farther. So whether it's divorce or health issues or loss or any kind of grief.
- Eryn Eddy: How can we make that tangible for somebody listening? If they know somebody that's suffering that they want to be present instead of offer this unsolicited advice?
- Elisa Morgan: Don't point to me.
- Eryn Eddy: I don't do.
- Vivian Mabuni: Well, that's a really good question. I can share with what's helpful for me. I'm thinking back to every round of chemo. It just was worse because I knew what was happening and what was going to be happening in the course of those days.
- Vivian Mabuni: And so there was always this predictable pain and it would get better. But there's just a point where there's not enough energy to shower and it just feels awful. And as much as I layered all the medicines, I still felt awful. I remember my girlfriend Kelly coming over and we literally, she just sat next to me and we just flipped through the television channels. We didn't even stay on any particular thing. It was kind of serving to kind of distract me a little bit, but she just sat with me and that was one of the most comforting things because I wasn't alone.
- Elisa Morgan: That's awesome.
- Vivian Mabuni: And I didn't have to carry a conversation and I just was miserable. But someone was with me and someone saw me.
- Elisa Morgan: Thank you for that story because I know even imagining entering feels so overwhelming if we have to do some big thing and that is so normal just to come and be present. That's really helpful.
- Vivian Mabuni: And respect that people deal with pain differently. So what actually ministers to me may not be what ministers to somebody else. It's kind of like people that process externally versus internally. There is no right or wrong, so there's no right way to do cancer or a right way necessarily to come alongside as much as just to be available to the degree that that person wants. Because part of my biggest struggle, maybe as a firstborn, maybe as dysfunctional as I am or whatever, but I had a hard time learning. I had to learn to be a gracious receiver. It's just so much easier to be on the giving end, the humility that it requires, the



dying of my pride to be able to be a gracious receiver. That was something that God was kind of working my own life during that whole season.

Vivian Mabuni: And so learning to say, if someone offered, normally it'd be like, "Oh, no, don't worry about it. I'm just going to be watching TV or whatever." It's like, "Fine." I was actively learning in my own process to be a gracious receiver, to let Kelly come and just sit next to me on the couch and flip the channels. So, that's kind of a part of that too. So a friend who might be going through a really dark time right now may not be in a place to want any company. But I would say set an alarm and text, especially for those who are going through a major loss. There's usually a lot of attention the first few months and then it gets really quiet. So be the friend that would set the alarm for the five and seven months after to kind of check in too.

Vivian Mabuni: I think that those are small practical things to just say, "Hey," or a holiday if they've lost their mom and it's the first mother's day, just set a note, a reminder. I think that goes a long, long way.

Elisa Morgan: We pull back from suffering. It's uncomfortable. We're not sure we'll be effective and successful to offer help and we pull back and as a result we could end up kind of wounding and leaving the sufferer feeling unseen.

Eryn Eddy: Wow. So good. I love how practical that advice is. When possible, be present with those who are suffering, set text reminders. It's the simple ways of reaching out to people in these circumstances that can often be the most powerful.

Elisa Morgan: So good, Eryn. Yep. Well, to those joining us, thank you for listening to today's show. We hope that you found it helpful honestly.

Elisa Morgan: If you missed anything, don't forget to check out the show notes which are found in the podcast description. There you'll find the talking points of today's episode and also some helpful links. We have a link to the new God Sees Her devotional. We have a link to a free 10 part conversation with Vivian Mabuni on the radio program Discover the Word, which I'm also a part of, and of course more information about what's coming up on season one is available on our website, Godhearsher.org. That's God Hears her dor O-R-G.

Eryn Eddy: And if you have a topic in mind that you would like to hear us cover on a future episode, send us a message on social media or click on the contact page on the God Hears Her website. We would love to consider any topics that you have in mind. Thank you so much for joining us today and don't forget God sees you, he hears you, he loves you because you are his.

Elisa Morgan: There's a whole team of people behind the God Hears Her podcast. And before we go, just a quick shout out to Emily, Linda and Maggie.

